



Respite Care

Homemaking and Personal

- ▶ Our Personal Support Workers provide assistance to seniors and adults who may have a disability, who require support from a caregiver, so that the family caregiver may have free time away from or in the home.
- ▶ Often family members can be tied down and need to have a relief, so they can take the time to care for themselves. Respite Care provides caregivers the break that they need.

Homemaking

- ▶ Our trained staff provide light housekeeping such as vacuuming, dusting, laundry, meal preparation, general cleaning, and light grocery shopping.
- ▶ This service may be bundled with **Personal Care** and **Respite Care**.



Personal Care

- ▶ Our trained Personal Support Workers (PSWs) provide Personal Care to our clients which includes activities such as bathing, hygiene care and hair care, as well as social stimulation.

How it works

- ▶ A regular visiting schedule will be arranged, usually with the same worker coming at the agreed day and time each week.
- ▶ Clients communicate with our office staff to request changes to schedules or to make other inquiries.
- ▶ Wait times may vary depending on the needs of the client. Please call us for more information.

- ▶ Our PSWs are available days and evenings

How to start these services

- ▶ Please contact our office and a Community Care Manager will visit your home to conduct a **FREE** home assessment.
- ▶ With help from the client and the client's family we will develop a plan of care by discussing the individual needs of the client.

To request these services, call

416-743-3892 Ask for intake

Who can use these services

- ▶ Any Senior living in their home or apartment in the Central and Northern Etobicoke areas including Malton, Woodbridge and Brampton.

www.canes.on.ca